Textbook of Obstetrics
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Foreword

During the last two decades there have been tremendous advances in Medical Sciences and Obstetrics has been no exception. A new textbook by a group of teachers under the expert guidance of Dr. Sudha Salhan, Professor, Consultant and Head of Department of Obstetrics and Gynaecology, Vardhaman Mahavir Medical College and Safdarjung Hospital is therefore, welcome. While preparing the text, the contributors and the editor have utilized their experience, received from a large number of students and teachers.

The book has some new features, i.e. counselling, ethics, medicolegal problems and flow charts. I earnestly hope all these will enhance the utility of this book for the students. All procedures have been explained in as simple manner as possible.

I am confident that after reading this book, the students will develop special interest in obstetrics and would like to take up postgraduation in the subject.

I wish Dr. Sudha Salhan and this book all success.

Dr. Anusuya Dass
Former Principal
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Preface

This is a Textbook of Obstetrics with emphasis on recent advances counselling, medicolegal aspects and ethics. In this fast mechanised world the art of talking to the patient is fast disappearing. Therefore, a chapter on counselling is included in this book. We must also be aware of the legislations pertaining to our subject. With this end in mind, a chapter on the Medicolegal Aspects of Obstetrics has been written. Other often neglected but important topics which are discussed in detail are Ethics and the Disposal of Biomedical Waste. Much of the obstetric morbidity and mortality can be averted if women embark on pregnancy after controlling medical ailments; hence a separate chapter on Preconceptional Check-up is incorporated in this book. Finally, it is important to know about the importance given to pregnant women by the Government of India. This book will update students on the recent endeavours of the Government to alleviate suffering of women by various schemes. Overall, this book will provide a comprehensive and up-to-date picture of the interesting subject of Obstetrics.

The contributors of the chapters are seasoned obstetricians dealing with obstetrical cases day in and day out. I thank them all for sparing time from their busy schedule. I offer special thanks to Mrs. Jayshree for the typing and related work. I also thank Dr. Harsha Gaikwad for actively helping me in all aspects of this book. I also thank my family for their unstinted support.

Sudha Salhan
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