Step by Step®
Management of Endometriosis

System requirement:
• Windows XP or above
• Power DVD player (Software)
• Windows Media Player 10.0 version or above
• Quick time player version 6.5 or above

Accompanying DVD ROM is playable only in Computer and not in DVD player.

Kindly wait for few seconds for DVD to autorun. If it does not autorun then please do the following:
• Click on my computer
• Click the drive labelled JAYPEE and after opening the drive, kindly double click the file Jaypee
DVD Contents

1. Photographs
2. Ultrasound Pictures of Endometriosis
3. Video Clip of Endometriosis
Step by Step®
Management of
Endometriosis

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In spite of vast advances in gynecology, diagnosis of endometriosis remains challenging. Despite an extensive number of new laboratory tests and advances in imaging technologies, at present there are no simple noninvasive diagnostic tests for endometriosis. Complete clinical assessment supported by selective and critical use of laboratory and imaging studies may help in the identification of a high-risk patient population. However, in a large proportion of cases, diagnosis of endometriosis requires careful laparoscopic evaluation combined with a thoughtful interpretation of histological examination of excised lesions. Misdiagnoses and under-diagnoses of endometriosis are not only due to the limitations of diagnostic tools but also due to lack of recognition of the symptoms by the patients and physicians. Although in a large proportion of patients, early diagnosis of endometriosis is essential for the formulation of an appropriate treatment plan, one should keep in mind that detection of endometriosis in asymptomatic women does not automatically necessitate medical or surgical management. IV pyelography, CT, MRI is not specific or adequate for diagnosis. However, these can be performed to support the diagnosis.

This handbook will provide the necessary clinical knowledge to diagnose and manage this elusive disease.

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## Contents

1. Introduction of Endometriosis ........................................ 1
2. Etiopathogenesis of Endometriosis ............................ 5
3. Clinical Staging of Endometriosis ............................... 13
4. How to Diagnose Endometriosis? .................................. 27
5. Medical Management of Endometriosis ....................... 49
6. Surgical Management of Endometriosis ....................... 65
7. Endometriosis and Assisted Reproductive Technologies .... 75

Index ............................................................................. 81