

Step by Step®
**Active
Management
of Labor**



System requirement:

- Windows XP or above
- Power DVD player (Software)
- Windows media player 10.0 version or above (Software)

Accompanying DVD ROM is playable only in Computer and not in DVD player.

Kindly wait for few seconds for DVD to autorun. If it does not autorun then please do the following:

- Click on my computer
- Click the **drive labelled JAYPEE** and after opening the drive, kindly double click the file **Jaypee**

DVD Contents

- 1. Safety Aspects of Labor and Delivery**
- 2. Programmed Labor**
- 3. Basis of Human Birth**
- 4. Active Management of Third Stage of Labor**
- 5. Partograms**

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of Labor

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Active Management of Labor

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**We dedicate
this book
to
Every Newborn
on this Earth**

Preface

Obstetricians are always in the learning curve so far as conduction of labor is concerned. An apprehensive obstetrician tried to study the progress of labor in graphical manner and developed partogram.

Active Management of Labor is the need of the present era in the field of Obstetrics. Undue prolong labor causes fetal, maternal and obstetrician's distress. Fetal and maternal morbidity and mortality can be reduced to a great level by managing the labor in most scientific way, instead of non-active watchful expectancy. All the 'primigravida' gives a test for vaginal delivery in a fearful and stressful mental status. Obstetrician's duty is to help them professionally and with humanity level. This will make their first labor experience stressless and enjoyable.

We have tried to describe the basics of active management of labor in this small and ready reference book, keeping a primigravida in picture. The book has been written out of our 25 years' experience with this subject *Active Management of Labor*. It was the subject of the dissertation of Dr Sudhir R Shah in the year 1979 for Master Degree in our field of Obstetrics and Gynecology, under the guidance of Dr Raman M Nadkarni at VS Hospital, Ahmedabad, India. Those days, this concept was new and Philpott and O'Driscoll set the ball running with this idea having inserted Alert line and Action line in Friedmann's Nomogram in 1974.

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Dr Shirish Daftary – O'Driscoll of India is one of the pioneers to bring the concept of active management of labor to India. He has the credit to form Indian Nomogram. We salute to Dr Shirish Daftary for his great achievement.

Wishing you a good and grand new reading.

Sudhir R Shah
Beena N Trivedi
Manish R Pandya
Dipal D Solanki

Reference

As a matter of fact, this small booklet is the result of knowledge gained after reading number of books on this subject ranging from Indian authors to International authors, publications of our FOGSI, journals, recent advances added with the personal experience gained by private practice and treating patients for number of years, attending and participated in workshops and seminars on this interesting subject.

For the details of each chapter, readers are requested to go through the textbooks.

Authors

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- Our family members Mrs Jyoti Shah, Dr Nimish Trivedi (MCh Neurosurgeon), Dr Nehal Pandya (MD DVD) and Dr Dharmesh Solanki (DM Cardiologist) have provided us constant encouragement to come up with this novel subject.
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Sudhir R Shah

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