## **Contents**

1.	Introduction Rajesh Garg	1
2.	Epidemiology of Hyperglycemia in the Hospital Setting Rajesh Garg  • Pre-existing Diabetes 3 • New Onset Diabetes 4 • Nondiabetic Hyperglycemia 5	3
3.	<ul> <li>Pathophysiological Mechanisms of Hyperglycemia Mediated Damage in Acute Illness</li> <li>Ajay Chaudhuri, Manav Batra, Nitesh D Kuhadiya, Paresh Dandona</li> <li>Cellular Glucose Uptake and Metabolism 10</li> <li>Effect of Inflammation and Oxidative Stress on Insulin Resistance, Cellular Damage and Vascular Function 12</li> <li>Vasodilatory, Anti-Inflammatory, Antithrombotic and Antioxidant Effects of Insulin 18</li> <li>Hyperglycemia-Mediated Damage in Clinical Conditions: Role of Inflammation, Oxidative Stress and Impaired Vascular Function 19</li> <li>Mechanisms of Hypoglycemia Induced Damage in Hospitalized Patients 21</li> </ul>	10
4.	Glucose Monitoring in Hospitalized Patients Lisa B Cohen, Andrea G Dooley-Wood, Aleksandar S Mijailovic, Stacy Melanson  • Specimens for Glucose Testing 29  • Clinical Chemistry of Glucose Analysis 30  • Future Directions 38	29
5.	Choosing the Glycemic Target for Management of Inpatient Hyperglycemia  Margo Hudson, Graham T McMahon  Hyperglycemia is Harmful 43  Historical Synopsis 43  Glucose Control and Outcomes in Specific Patient Populations 48	43

VΪ	Hyperglycemia in the Hospital Setting	
6.	<b>Achieving Glucose Goals in the Inpatient Setting</b> <i>Jeffrey L Schnipper, Margo Hudson</i>	54
	<ul> <li>Strategies 54</li> <li>Beyond Order Sets: An Inpatient Glycemic Control Quality Improvement Program 62</li> <li>Measuring Success in Glucose Control 63</li> <li>American Quality Programs 65</li> </ul>	
7.	Glycemic Management of Hospitalized Patients Receiving Nutrition Support Adriana C Holman, Naomi Shimizu, Vihas Patel	70
	<ul> <li>Glycemic Management in Diabetic Patients versus Non-diabetic Patients 71</li> </ul>	
8.	<b>Management of Hyperglycemic Emergencies</b> <i>Margo Hudson, Donald C Simonson</i>	79
	<ul> <li>Epidemiology 79</li> <li>Diagnostic Laboratory Criteria 79</li> <li>Pathophysiology 81</li> <li>Etiology and Precipitating Factors 82</li> <li>Differential Diagnosis of Metabolic Acidosis with Anion Gap 83</li> <li>Presentation 84</li> <li>Treatment 85</li> <li>Use of Protocols 88</li> <li>Complications 90</li> <li>Prevention 91</li> </ul>	
9.	<b>Hypoglycemia in Hospitalized Patients</b> <i>Rajesh Garg</i>	94
	<ul> <li>Prevalence and Etiology of Hypoglycemia 94</li> <li>Effect of Hypoglycemia on Mortality and Morbidity 95</li> <li>Prevention and Treatment of Hypoglycemia 96</li> </ul>	
10.	<b>Team Approach for Inpatient Glucose Management</b> <i>Paul M Szumita, David P Reardon</i>	100
	<ul><li>Steering Committee or Task Force Team 100</li><li>Clinical Management Team 105</li></ul>	
11.	Diabetes Education in the Hospital Setting and During Transition from Inpatient to Outpatient Management Rita Marie McCarthy	109

• Diabetes Education 109

	Contents	XVII
12.	Maintaining Glucose Control Postdischarge: An Effective Transition to Outpatient Diabetes Management Sonia R Freitas	118
	<ul> <li>Continuum of Diabetes Care—Inpatient to Outpatient 118</li> <li>Redefining Clinical Targets for Treatment 119</li> <li>Barriers to Postdischarge Follow-up 121</li> </ul>	
Inde	X	125