

Textbook of
Endocrinology

Textbook of **Endocrinology**

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Preface

The study of endocrinology is basic to understanding medicine. Endocrinology is a subject which has not been dealt with adequately in the undergraduate and postgraduate syllabi. The uniqueness of this book is the fact that the chapters are dealt with a view of understanding and diagnosing the disorders. The object of the book is to present the disorders in a simple and interesting manner and is well illustrated with pictures and algorithms.

The chapters on Thyroid deal with hyperthyroidism, hypothyroidism and thyroid cancer. These are the most common problems faced by physicians next to diabetes. They are comprehensive and help the reader not only in diagnosis but also in management.

The chapters on Reproductive Endocrinology, Polycystic Ovarian Syndrome, Primary Amenorrhea, Male Hypogonadism give insight into the next most common problems that occur in society.

The chapters on Bone Disorders, Rickets and Osteomalacia and Parathyroidism are written with very practical aspects to diagnosing these difficult disorders. The chapters on Pituitary Disorder encompass pituitary lumps and short stature. These have been approached to keep it simple for the physician and the postgraduate.

Adrenal disorders like Cushing's syndrome and endocrine hypertension have been dealt with length and simplicity, because these are again problems that every physician should know how to approach. Some topics on endocrinology like sexual differentiability, osteoporosis, have been consciously left out as they are complex and may not be relevant to a physician for management.

This book is essentially suited for a physician to easily understand the diagnosis of common problem. The book has been kept simple with plenty of algorithms and tables to make it interesting and aid the physician in problem solving.

Mala Dharmalingam

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