

Interventional Pain Management A Practical Approach



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and
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Interventional Pain Management A Practical Approach

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Dedicated
to
All Pain Patients

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Pain is an integral part of the sufferings of human life. One can only realize agony when one suffers from it. Pain especially a chronic one, is not a mere symptom, it itself is a disease. Chronic pain not only disturbs various systems of the body, but also is responsible for emotional disturbances and can lead to loss of working hours.

Pain management is fast growing as superspeciality of anaesthesiology in India. In USA and other western countries pain management is already established as a superspeciality subject.

At Bombay Hospital, Dr DK Baheti, Chief of Anaesthesiology, realized the need for development of pain clinic. He visited Cleveland Clinic and Memorial Sloan-Kettering Cancer Centre for the first hand training.

For the last 17 years he has been successfully managing the Pain Management clinic at Bombay Hospital. During this period he organized international conferences like Global Update on Pain, conducted live demonstrations and hands on cadaver workshops for training young anaesthesiologists at Bombay Hospital.

Interventional pain procedures are important modalities for relief of pain. Dr DK Baheti, along with Dr Sanjay Bakshi (USA), Dr Sanjeeva Gupta (UK),

and Dr RP Gehdoo (Mumbai) have joined hands to bring out a comprehensive book on Interventional Pain Management.

I am confident that this book will be very useful as a reference book for the medical students and will also provide practical tips to practicing physicians and young anaesthesiologists whose mission is to relieve humanity from the agony of sufferings.



(Dr B K Goyal)

Preface

Interventional pain management is one of the most important components of managing chronic intractable pain. It is mandatory that interventional procedures need to be performed correctly right from the time of diagnosis to the relief of pain, so as to provide the best possible results.

Many universities in India as well as abroad do not have appropriate pain training program in their curriculum not only at the undergraduate but, also at postgraduate levels. There are very few pain certification programs or pain specialists or pain training facilities across the world.

Even in the countries where such programs exist, there are significant inadequacies and lacunae in teaching of the techniques. Although there are courses run by various organizations, they only incorporate a few common techniques and hence can never be comprehensive.

Many pain physicians are enthusiastic to learn the art of interventional techniques for managing pain, but do not have an access to appropriate reference books. The availability and cost of the books adds to further constraints.

We, the practicing pain physicians, have recognized the problem and realized the need for a book on Interventional Pain Management techniques, which can be both comprehensive and affordable.

It is our sincere attempt to come out with a book on interventional pain procedures due to existing vacuum in this field.

We express our heartfelt gratitude to all the contributors, without whose support this Herculean task would have been impossible.

We have taken utmost care to bring out this book with an international quality at an affordable price.

We sincerely hope that our efforts to come out with this book will benefit the pain physicians as well as the chronic pain patients.

**DK Baheti, Sanjay Bakshi
Sanjeeva Gupta, RP Gehdoo**

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