

Fundamentals of Nursing

Fundamentals of Nursing

Second Edition

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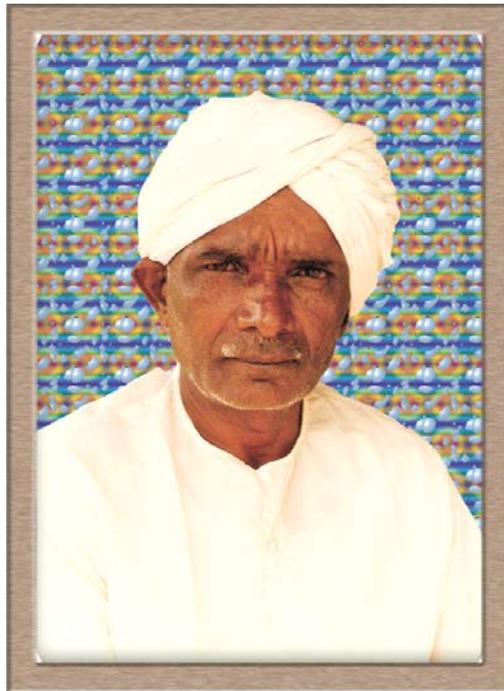
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*To
Nursing Profession
and
My Dear Students
and
In Loving Memory of
My Father*



Sri Thukkappa
(1918-2008)



Preface to the Second Edition

It gives me an immense pleasure and satisfaction to introduce and present the second edition of my title “*Fundamentals of Nursing*”. Nursing continues to be challenged and rewarded by both new and changing opportunities and constraints. During these changing trends I have been pleased with the utilization of my titles—*Fundamentals of Nursing*, (1st edition), *Medical Surgical Nursing*, *Community Health Nursing* (2nd edition), *Midwifery and Reproductive Health Nursing*, *Paediatric/Child Health Nursing*, *Psychiatric/Mental Health Nursing*, *Nursing Education*, *Nursing Administration*, *Nursing Research* (2nd edition) and *Nursing Theories*.

Nurses today must be able to grow and evolve in order to meet the demands of dramatically changing health care system. They need to think critically and be creative in implementing nursing strategies with clients of diverse cultural background in increasing variety of settings—hospitals, nursing homes, clinics, etc. Now we are moving in era of accelerating change in all walks of life and also moving towards newer activities based on the knowledge of nursing science and technology. Keeping in view of these changes, in this edition, every chapter has been extensively revised. The content has been updated to reflect the latest advancement. I must be appreciative of the many helpful comments, critiques and suggestions from faculty and students about my title and those are incorporated in this revised edition. The care has been taken at my best knowledge to cover almost all the contents in the revised edition of “*Fundamentals of Nursing*” as required by the respective Nursing Councils, Boards of Nursing and also Universities, which imparting Degrees, Diplomas in Nursing at all levels.

And this text presents contents that represent the most accurate, current and clinically relevant information that is clearly written and easily read manner. I hope that this edition of “*Fundamentals of Nursing*” continue to make a contribution to nursing profession as regard and pursue new goals in the advancement of nursing as scholarly discipline.

I am aware that for manifold reasons, errors might have crept in and shall feel obliged, if such errors are brought to my notice. I sincerely welcome constructive criticism from readers that would help me to enrich myself and good suggestions will be incorporated in the next edition.

And now I invite you to open the pages beneath your finger and join me in a world of new ideas, challenging beliefs and expanding competencies for improving standards in nursing.

BT Basavanhappa

Preface to the First Edition

It gives me immense pleasure and satisfaction to introduce "*Fundamentals of Nursing*" to nursing community.

Nursing is a noble profession. Nurses constitute a major force in the health care delivery system. To maintain nobility of the profession in the new millennium, it needs new efforts to reform health care. Both high quality and cost-effective care are radically transforming the culture of care giving. Although nurses need to reassure the essence of nursing and what has traditionally served nursing well, they also need to change healthcare culture.

The goals of nursing education is to prepare today's student nurses to meet tomorrow's challenges. Nursing as a science, is characterized by growing body of knowledge that links technical and interpersonal interventions to desired client outcome; as an art nursing demands of its practitioners sufficient competency to creatively designed individual strategies to assist client (Patient). The art and science of professional nursing practice continue to evolve and expand. The growing body of nursing research and the explosion of technological advances challenge and stimulate nurses to acquire knowledge and refine critical thinking skills.

In this changing world on health care delivery system, nurses will need a broad knowledge from which to provide the expert care needed in nursing profession. The students first master theories and skills and then develop and refine ability to apply analytical thinking to each clinical situation. I believe that the changes in health care present exciting challenges to nurses and it is felt that there is a need for good nursing text of Indian origin to assist nurses to meet these challenges in the Indian context, since there is obvious need for nursing text to fit the Indian situation.

This book on "*Fundamentals of nursing*" has been designed to provide today's students with solid foundations of nursing principles to prepare them to meet the challenges of tomorrow. The comprehensive coverage of this book provides concepts and components of nursing skills and techniques of nursing practice and firm foundation of nursing. And also, it presents the theoretical and practical information necessary to make sound clinical judgement while emphasizing cognitive, affective and psychomotor skill needed to carry out fundamentals of nursing activity.

I am aware that for manifold reasons, errors might have crept in and shall feel obliged, if such errors are brought to my notice. These suggestions for improvement would be gratefully accepted. I sincerely welcome constructive criticisms from both teachers and students that would help me to enrich myself.

BT Basavanhappa

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