

# **Basic Concepts of Community Health Nursing**



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# Basic Concepts of Community Health Nursing

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==== Second Edition ====

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## PREFACE

Nursing in India and all around the world is facing a major change from its older concept and myth where nurses were being treated as sexual symbols, servants and slaves, and where their talents were never recognized. But now the trend in nursing has been changed, a nurse gets better and acquire higher education and therefore she meets needs and demands of patient care, thereby nursing became a highly qualified profession in medical field.

Today, Community Health Nurses and Community Workers throughout the world practise based on the concepts of partnerships, collaboration and empowerment. Together with others in their communities, they commit themselves to the attainment of health for all. Their goal is achieved only when the human rights for all, especially women and children, the most marginalized and vulnerable, need to be promoted and protected.

Nursing in any setting along with theory involves a focus of four components—the client, the environment, the health and the nursing. Nursing care is approached differently depending on whether the care is provided in the acute care setting or in the community-based setting. Community-based nursing care is directed towards specific individuals and families within community.

The textbook of *Basic Concepts of Community Health Nursing* is phased into 30 chapters, beginning with the idea and concept of nursing in community health nursing. This is followed by discussion on health and illness, epidemiology, personal health and hygiene, community health nursing process, family and child health services, school health services, occupational health services, etc.

This book provides and facilitates information for the learner about various national health problems and programmes, policies and procedures, community health management and administration, specific standing orders and instructions, community health nursing procedures, growth and development including theories, health and vital statistics, rehabilitative nursing, multiple choice questions and RGUHS question papers which help the students to prepare confidently for the examination.

The book is designed to fulfill the need of Community Health Nurses holistically. The community health administration and management has been discussed in detail, which fulfills the need of university syllabus. It is formulated and designed in such a way that it covers the syllabus of community health nursing prescribed by Indian universities and nursing board. I wish you all the best and good luck for all your success.

**I Clement**



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