

1. Introduction – The Roots of the RiVision method
2. The need to observe the “entire body manifestation/movement” when treating chronic pain
3. The components of RiVision: Physical Therapy (PT), Dance/Movement Therapy (DMT), and Guided Imagery (GI)
4. The basic principles of RiVision
5. Case Studies: Treatment goals, exercises and outcome
6. Applying the RiVision method
7. Summary