Contents

SECTION 1 HEW	IATOLOGY1
1.1:	The Compound Microscope 1
	Experiments on Blood 9
1.3:	Hemocytometry 15
1.4:	The Red Cell Count 21
1.5:	The Total Leukocyte Count 27
1.6:	Estimation of Hemoglobin 32
1.7:	Examination of a Peripheral Blood Smear and Determination of Differential Leukocyte Count 40
1.8:	Determination of Erythrocyte Sedimentation Rate and Packed Cell Volume 51
1.9:	Determination of Red Blood Cell Indices 57
1.10:	Blood Grouping (Blood Typing)—ABO and Rh System 60
1.11:	Determination of Bleeding Time and Clotting Time 71
	Platelet Count 79
1.13:	Determination of Arneth Count (Cooke-Arneth Count) 83
	Absolute Eosinophil Count 86
	Reticulocyte Count 88
	Determination of Osmotic Fragility of Red Blood Cells 90
	Determination of Specific Gravity of Blood 94
1.18:	Determination of Viscosity of Blood 97
SECTION 2 HUN	1AN EXPERIMENTS99
UNIT	I: RESPIRATORY SYSTEM 100
	Stethography: Recording of Normal and Modified Movements of Respiration 100
	Pulmonary Function Tests 106
	Determination of Vital Capacity and Effect of Posture on Vital Capacity 115
	Cardiopulmonary Resuscitation 119
	II: CARDIOVASCULAR SYSTEM 124
	Examination of the Arterial Pulse 124
	Recording of Systemic Arterial Blood Pressure 127
	Effect of Posture on Blood Pressure and Heart Rate 137
2.8:	Effect of Muscular Exercise on Blood Pressure and Heart Rate 140
2.9:	Electrocardiography 143
	Additional Chapters CVS 151
	III: SPECIAL SENSATIONS 154
2.11:	Perimetry (Charting the Field of Vision) 154
	Mechanical Stimulation of the Eye 158
	Physiological Blind Spot 158
	Near Point and Near Response 158
2.15:	Sanson Images 159
2.16:	Demonstration of Stereoscopic Vision 159
2.17:	Dominance of the Eye 160
2.18:	Subjective Visual Sensations 160
2.19:	Visual Acuity 160
2.20:	Color Vision 163
2.21:	Tuning Fork Tests of Hearing 164
2.22:	Localization of Sounds 169
2.23:	Masking of Sound 169
2.24:	Sensation of Taste 170
2.25:	Sensation of Smell 171

xii Contents

	UNIT IV: NERVOUS SYSTEM 172	
	2.26: Electroencephalography 172	
	2.27: Electroneurodiagnostic Tests 175	
	2.28: Study of Human Fatigue 183	
	2.29: Autonomic Function Tests 186	
	UNIT V: REPRODUCTIVE SYSTEM 191	
	2.30: Semen Analysis 191	
	2.31: Pregnancy Diagnostic Tests 193	
	2.32: Birth Control Methods 195	
SECTION 3	CLINICAL EXAMINATION	199
	3.1: History Taking and General Physical Examination 199	
	3.2: Clinical Examination of the Respiratory System 203	
	3.3: Clinical Examination of the Cardiovascular System 209	
	3.4: Clinical Examination of the Gastrointestinal Tract and Abdomen 214	
	3.5: Clinical Examination of the Nervous System 218	
SECTION 4	EXPERIMENTAL PHYSIOLOGY	249
	UNIT I: AMPHIBIAN EXPERIMENTS 249	
	4.1: Introduction to Amphibian Experiments 250	
	4.2: Study of Apparatus 251	
	4.3: Dissection of Gastrocnemius Nerve Muscle Preparation 258	
	4.4: Simple Muscle Twitch (Effect of a Single Stimulus) 260	
	4.5: Effect of Temperature on Muscle Contraction 265	
	4.6: Velocity of Nerve Impulse 266	
	4.7: Effect of Two Successive Stimuli (of Same Strength) 268	70
	4.8: Recording the Effect of Increasing Strength of Stimulus on Skeletal Muscle Contraction 2 4.9: Genesis of Tetanus 272	70
	4.9: Genesis of Tetahus 272 4.10: Genesis of Fatigue 275	
	4.11: Effect of Load on Skeletal Muscle Contraction (Freeload and Afterload) 276	
	4.12: Recording of a Normal Cardiogram of Frog's Heart and Effect of Temperature on it 279	
	4.13: Properties of Cardiac Muscle 282	
	4.14: Effect of Stimulation of Vagosympathetic Trunk and White Crescentic Line; Vagal Escape;	
	Effect of Nicotine and Atropine on Frog's Heart 285	
	4.15: Effect of Adrenalin, Acetylcholine and Atropine on Frog's Heart 288	
	4.16: Perfusion of Isolated Heart of Frog 290	
	4.17: Study of Reflexes in Spinal and Decerebrate Frogs 292	
	UNIT II: MAMMALIAN EXPERIMENTS 293	
	4.18: Experiments on Anesthetized Dog 293	
SECTION 5	SOME IMPORTANT CHARTS AND QUESTIONS	297
	5.1: Jugular Venous Pulse Tracing 297	
	5.2: Cardiac Cycle 299	
	5.3: Oxygen Dissociation Curve 300	
	5.4: Strength-duration Curve 302 5.5: Action Potential in a Large Myelinated Nerve Fiber 303	
	5.6: Action Potentials in Cardiac Muscle Fibers 305	
	5.7: Dye Dilution Curve 306	
	5.8: Oral Glucose Tolerance Test 308	
SECTION 6	CALCULATIONS	311
SECTION 7	SAMPLE PROBLEM SOLVING	315
	7.1: Sample Problem Solving in Hematology 315	
	7.2: Sample Problem Solving in Clinical Practicals 316 7.3: Sample Problem Solving in Experimental (Amphibian) Practicals 317	
	7.5. Sample Hobiem Solving in Experimental (Amphibian) Flacticals 377	
Appendix		319
Index		323

Competency Table

	Competency	Core	Suggested Teaching Learning	Suggested Assessment	Chapter	Page	
Number	The student should be able to:	(Y/N	method	method	Number	Number	
SECTION	SECTION 1: Hematology						
PY2.11	Estimate Hb, RBC, TLC, RBC indices, DLC, Blood groups, BT/CT	Υ	DOAP sessions	Practical/OSPE/ Viva voce	1.4, 1.5, 1.6, 1.7, 1.9, 1.10, 1.11	21, 27, 32, 40, 57, 60, 71	
PY2.12	Describe test for ESR, Osmotic fragility, Hematocrit. Note the findings and interpret the test results, etc.	Υ	Demonstration	Written/ Viva voce	1.8, 1.16	51, 90	
PY2.13	Describe steps for reticulocyte and platelet count	Υ	Demonstration sessions	Written/ Viva voce	1.12, 1.15	79, 88	
SECTION	2: Human Experiments						
PY6.8	Demonstrate the correct technique to perform and interpret Spirometry	Υ	DOAP sessions	Skill assessment/ Viva voce	2.2, 2.3	106, 115	
PY11.14	Demonstrate basic life support in a simulated environment	Υ	DOAP sessions	OSCE	2.4	119	
PY5.16	Record arterial pulse tracing using finger plethysmography in a volunteer or simulated environment	N	DOAP sessions, Computer assisted learning methods	Practical/OSPE/ Viva voce	2.5	124	
PY5.12	Record blood pressure and pulse at rest and in different grades of exercise and postures in a volunteer or simulated environment	Υ	DOAP sessions	Practical/OSPE/ Viva voce	2.6, 2.7, 2.8	127, 137, 140	
PY3.15	Demonstrate effect of mild, moderate and severe exercise and record changes in cardiorespiratory parameters	Υ	DOAP sessions	Practical/OSPE/ Viva voce	2.8	140	
PY5.13	Record and interpret normal ECG in a volunteer or simulated environment	Υ	DOAP sessions	Practical/OSPE/ Viva voce	2.9	143	
PY3.16	Demonstrate Harvard step test and describe the impact on induced physiologic parameters in a simulated environment	Υ	DOAP sessions	Practical/OSPE/ Viva voce	2.10	151	
PY10.20	Demonstrate (i) Testing of visual acuity, color and field of vision, and (ii) Hearing, (iii) Testing for smell, and (iv) Taste sensation in volunteer/simulated environment	Υ	DOAP sessions	Skill assessment/ Viva voce	2.11, 2.13, 2.19, 2.20, 2.21, 2.22, 2.23, 2.24, 2.25	154, 158, 160, 163, 164, 169, 170, 171	
PY10.12	Identify normal EEG forms	Υ	Small group teaching	OSPE/Viva voce	2.26	172	
PY9.9	Interpret a normal semen analysis report including (a) Sperm count, (b) Sperm morphology, and (c) Sperm motility, as per WHO guidelines and discuss the results	Υ	Lecture, Small group discussion	OSPE/Viva voce	2.30	191	

Contd...

			Suggested Teaching	Suggested		
Number	Competency The student should be able to:	Core (Y/N	Learning method	Assessment method	Chapter Number	Page Number
PY9.10	Discuss the physiological basis of various pregnancy tests	Υ	Lecture, Small group discussion	Written/ Viva voce	2.31	193
PY9.6	Enumerate the contraceptive methods for male and female. Discuss their advantages and disadvantages	Υ	Lecture, Small group discussion	Written/ Viva voce	2.32	195
SECTION	3: Clinical Examination					
PY11.13	Obtain history and perform general examination in the volunteer / simulated environment	Υ	DOAP sessions	Skill assessment/ Viva voce	3.1	199
PY6.9	Demonstrate the correct clinical examination of the respiratory system in a normal volunteer or simulated environment	Υ	DOAP sessions	Skill assessment/ Viva voce/OSCE	3.2	203
PY5.15	Demonstrate the correct clinical examination of the cardiovascular system in a normal volunteer or simulated environment	Y	DOAP sessions	Practical/OSPE/ Viva voce	3.3	209
PY4.10	Demonstrate the correct clinical examination of the abdomen in a normal volunteer or simulated environment	Υ	DOAP session	Skill assessment/ Viva voce/OSCE	3.4	214
PY10.11	Demonstrate the correct clinical examination of the nervous system: Higher functions, sensory system, motor system, reflexes, cranial nerves in a normal volunteer or simulated environment	Y	DOAP sessions	Skill assessment/ Viva voce/OSCE	3.5	218
SECTION 4: Experimental Physiology						
PY3.18	Observe with computer assisted learning (i) amphibian nerve—muscle experiments, (ii) amphibian cardiac experiments	Y	Demonstration, Computer assisted learning methods	Practical/ Viva voce	4.1–4.18	249–295

LIST OF PRACTICALS REQUIRING CERTIFICATION

Number	Competency The student should be able to:	Chapter Number	Page Number
PY5.12	Record pulse and blood pressure at rest in a volunteer	2.6	127
PY5.12	Record pulse and blood pressure in a volunteer in different grades of exercise.	2.8	140
PY5.12	Record pulse and blood pressure in a volunteer during change of posture	2.7	137
PY6.9	Demonstrate the correct clinical examination of respiratory system in a normal volunteer or simulated environment.	3.2	203
PY10.11	Demonstrate the correct clinical examination of higher function of nervous system in a normal volunteer or simulated environment.	3.5	218
PY10.11	Demonstrate the correct clinical examination of sensory system in a normal volunteer or simulated environment.	3.5	241
PY10.11	Demonstrate the correct clinical examination of motor system in a normal volunteer or simulated environment.	3.5	228

Contd...

Contd...

Number	Competency The student should be able to:	Chapter Number	Page Number
PY10.11	Demonstrate the correct clinical examination of reflexes in a normal volunteer or simulated environment.	3.5	233
PY10.11	Demonstrate the correct clinical examination of cranial nerves in a normal volunteer or simulated environment	3.5	219
PY10.20	Demonstrate the correct clinical examination of visual acuity, color and field of vision in a normal volunteer or simulated environment	2.11, 2.13, 2.19, 2.20	154, 158, 160, 163
PY10.20	Demonstrate hearing tests in a normal volunteer or simulated environment	2.21, 2.22, 2.23	164, 169, 169
PY10.20	Demonstrate test of smell in a normal volunteer or simulated environment	2.25	171
PY10.20	Demonstrate taste sensation in a normal volunteer or simulated environment	2.24	170

*OSCE:Objective Structured Clinical Examination OSPE: Objective Structured Practical Examination DOAP: Demonstrate, Observe, Assess, Perform.