Contents

1.	 Basics of History Taking and Examination in Orthopaedics History Assessment in Orthopaedics Examination 	1 1 10
2.	Clinical Evaluation of Polytrauma and Acute Injury of Bones and Joints Polytrauma History General Assessment Local Examination Trauma-related Orthopaedic Emergencies	18 18 20 22 23 28
3.	Clinical Evaluation of Diseased Long Bones and Joints History Taking in Long Bone Disease General and Systemic Examination Local Examination Differential Diagnosis Clinical Evaluation of Pathological Joints	30 30 32 32 34 39
4.	 Clinical Evaluation of the Shoulder Joint Surgical Anatomy and its Clinical Significance History and its Evaluation Examination Shoulder Examination Proforma Common Conditions Affecting Shoulder and their Salient Features 	50 50 51 55 71 71
5.	Clinical Evaluation of the Elbow Joint Relevant Surgical Anatomy and its Clinical Significance History and its Evaluation Examination Elbow Examination Proforma Common Conditions Affecting Elbow and their Salient Features	76 76 79 81 92
6.	 Clinical Evaluation of the Wrist and Hand Surgical Anatomy of the Wrist Joint and its Clinical Significance Surgical Anatomy of the Hand and its Clinical Significance History and its Evaluation Examination Wrist and Hand Examination Proforma Common Conditions Affecting Wrist-hand and their Salient Features 	95 95 97 98 103 114

7.	Clinical Evaluation of the Hip Joint	120
	Surgical Anatomy and its Clinical Significance	120
	History and its Evaluation	120
	• Examination	125
	A Note on Abductor Mechanism and Trendelenburg Test	140
	Use of Cane in Hip Diseases	141
	Hip Examination Proforma	142
	Common Conditions Affecting Hip and their Salient Features	143
8.	Clinical Evaluation of the Knee Joint	146
	Surgical Anatomy and Function of the Knee Joint	146
	History and its Evaluation	152
	Examination	155
	Knee Examination Proforma	173
	Common Conditions Affecting Knee and their Salient Features	174
9.	Clinical Evaluation of the Foot and Ankle Joint	178
	Surgical Anatomy of Foot-ankle and its Clinical Significance	178
	History and its Evaluation	180
	Examination	184
	Foot-ankle Examination Proforma	196
	Common Conditions Affecting Foot-ankle and their Salient Features	197
10.	Clinical Evaluation of the Spine	200
	 Surgical Anatomy of Spine-spinal Cord and its Clinical Significance 	200
	History and its Evaluation	205
	Examination	209
	Spine Examination Proforma	229
	Common Conditions Affecting Spine and their Salient Features	230
11.	Clinical Evaluation of the Peripheral Nerves	236
	Surgical Anatomy of the Peripheral Nerve and its Clinical Significance	236
	History and its Evaluation	239
	Examination	241
	Peripheral Nerve Examination Proforma	270
	Common Deformities following Specific Nerve Injuries and Other Conditions	270
12.	Clinical Evaluation of the Bone Tumors	272
	Classification of Bone Tumors	272
	History Taking in Bone Tumors	272
	Examination	276
	Bone Tumor Examination Proforma	279
	Important Bone Tumors (in Brief)	280

		Contents	xiii	
13.	Clinical Evaluation of the Amputation Stump	283		
	Indications for Amputation	283		
	The Scheme of History Taking in a Patient with Amputation Stump	283		
	Examination	285		
	Amputation Stump Examination Proforma	289		
14.	Clinical Evaluation of Gait and Various Patterns of Gait	290		
	Definition of Gait	290		
	Phases of Gait	290		
	Etiology of Gait Disturbance	290		
	Commonly Encountered Gait Patterns	292		
15.	Clinical Evaluation of the Swelling, Scar, Sinus, and Ulcer	296		
	History and Examination of a Swelling	296		
	Examination	298		
	History and Examination of a Scar	305		
	History and Examination of a Sinus	307		
	History and Examination of an Ulcer	309		
	Index	315		