

CONTENTS

SECTION 1: Sepsis Diagnosis and Management

Section Editors: JV Peter, Yash Javeri, Anuj Clerk

1. Precision Medicine in Septic Shock.....	3
<i>L Chiscano-Camón, JC Ruiz-Rodriguez, R Ferrer</i>	
2. Optimal Blood Pressure Target in Patients with Septic Shock.....	10
<i>Jean-Louis Vincent</i>	
3. The Surviving Sepsis Campaign Guidelines in 2022: What is New and what has Changed?	13
<i>Laura Evans</i>	
4. Individualizing Hemodynamics in Septic Shock.....	18
<i>Sheila Nainan Myatra, Meshach M Dhas, Keyurkumar Bhupendrakumar Shah</i>	
5. Adjunctive Therapies in Sepsis: Current Status	25
<i>Mohd Saif Khan, Vikas Bhagat, Jay Prakash</i>	
6. Refractory Septic Shock: What are the Options?	33
<i>Prashant Kumar, Kamal Lashkari</i>	
7. Steroids in Sepsis and Clinical Outcomes	39
<i>Jose Chacko, Sunil Karanth</i>	
8. Candida auris: Detection, Prevention, and Management	43
<i>Megha Sharma, Arunaloke Chakrabarti</i>	
9. Empirical Antifungal Treatment: Is It Justified?	50
<i>JV Peter, Binila Chacko</i>	
10. Role of Steroids in Severe Community-acquired Pneumonia	56
<i>Ashit V Hegde, Akshay Challani</i>	
11. Procalcitonin: Can It Differentiate Bacterial versus Fungal Infection	59
<i>Parikshit S Prayag</i>	

SECTION 2: Antimicrobial Therapy in ICU

Section Editors: Ashit V Hegde, Gunjan Chanchalani, Akshay Challani

12. Optimizing Antimicrobial Dosing in the Intensive Care Unit.....	65
<i>Jan De Waele</i>	
13. Antibiotic within 1 hour: Should this be Applied to all Patients with Sepsis?	69
<i>Niraj Tyagi, Gunjan Chanchalani</i>	
14. Dark Side of Antibiotics	72
<i>Nikhilesh Jain, Vivek Joshi</i>	
15. Optimal Duration of Antibiotic Therapy	75
<i>Mohan Maharaj, Ramunaidu Yellapu, Monanga Srinivas</i>	
16. Cefiderocol: Is this the Answer to Multidrug-resistant Gram-negative Infection?	79
<i>Yash Javeri, Suneel Kumar Garg, Monika Rajani</i>	

SECTION 3: Respiratory Critical Care

Section Editors: Farhad Kapadia, Rajesh Chawla, Babu Abraham, Nita George, Rakesh Garg

17. Management of Pneumonia in Intensive Care	85
<i>Andrew Conway Morris</i>	
18. Reverse Triggering during Controlled Ventilation: A Frequent Dyssynchrony with Various Consequences	93
<i>Antenor Rodrigues, Robert Jackson, Carles Subira, Fernando Vieira, Irene Telias, Laurent Brochard</i>	
19. Use of Multiplex Polymerase Chain Reaction in Pneumonia	100
<i>Nita George, Babu Abraham, Manu Prathap</i>	
20. Management of Complicated Pleural Effusion	104
<i>Akhil Taneja, YP Singh, Tejas Karmata</i>	
21. Hepatic Hydrothorax	110
<i>Kapil Borawake, Sayi Prasad</i>	
22. Submassive Pulmonary Embolism	113
<i>Bharat Jagiasi, Farhad Kapadia</i>	
23. Role of Magnesium in Respiratory Failure.....	119
<i>Vijay Kumar Mishra, Rajesh Kumar Singh, Asif Ahmed, Yogesh Jain</i>	
24. ARDS in Children: How is it Different?	123
<i>Atahar Jamal, Banani Poddar</i>	
25. Safe Tracheal Intubation in Intensive Care Unit.....	131
<i>Rakesh Garg, Syed Moied Ahmed</i>	
26. Lateral Positioning: Does it Work?	136
<i>Sanjeev Kumar, Neeraj Kumar, Ritu Singh</i>	
27. Dyspnea in Patients on Invasive Ventilation: Clinical Impact	141
<i>Pawan Tiwari, GC Khilnani</i>	
28. Complications of Noninvasive Ventilation Failure	144
<i>Rajesh Chawla, Aakanksha Chawla Jain, Sudha Kansal</i>	

SECTION 4: Mechanical Ventilation

Section Editors: Rajesh Pande, Sameer Jog, Prashant Nasa, Shilpushp Bhosale

29. Setting Optimum PEEP.....	153
<i>Prashant Nasa, Deven Juneja, Rajesh Kumar</i>	
30. Open Lung or Keep Lung Closed: Which Strategy to Choose?	159
<i>Deeksha Singh Tomar, Ravi Jain, Sachin Gupta</i>	
31. Driving Pressure or Mechanical Power: Which One to Monitor?	162
<i>Sameer Jog, Prasanna Marudwar, Kaushal Shah</i>	
32. Measuring Respiratory Drive and Muscle Effort	167
<i>Suresh Ramasubban, Srikanth Sahasrabudhe</i>	
33. Oxygenation Targets in Mechanically Ventilated Critically-ill Patients	173
<i>Jitin Sharma, Trishala Singhvi, Rajesh Pande</i>	
34. Ventilatory Ratio: A New Monitoring Tool	179
<i>Saswati Sinha, Sauren Panja</i>	

35. Helmet NIV: Is it a Game Changer?	183
<i>Dhruva Chaudhry, Aman Ahuja, Aman Dhankar</i>	
36. Electrical Impedance Tomography: Current Application	187
<i>Lalit Singh, Bikram Gupta, Srikant Behera</i>	
37. Automatic Tube Compensation: Does it have a Role?	193
<i>Nikhil Balankhe</i>	
38. High-frequency Oscillatory Ventilation in Pediatric Acute Respiratory Distress Syndrome	195
<i>Praveen Khilnani, Rajiv Uttam</i>	
39. Noninvasive Ventilation in Pediatrics: Current Status	202
<i>Sudivya Sharma, Shilpushp Bhosale</i>	

SECTION 5: Cardiovascular Critical Care

Section Editors: Ganshyam Jagatkar, Tapas Kumar Sahoo

40. Crystalloid Resuscitation: Finding the Balance.....	209
<i>Anders Perner</i>	
41. Artificial Intelligence Tools to Optimize Hemodynamics in the ICU.....	212
<i>Piyush Mathur, Nibras Bughrara, Benjamin Hoenig, Ashish K Khanna</i>	
42. Aggressive or Restrictive Fluid Resuscitation	218
<i>Supradip Ghosh, Tapas Kumar Sahoo, Sonali Ghosh</i>	
43. Predicting Hypotension: Is It Useful?	225
<i>Vandana Sinha, Reshu Gupta, Rakhee Baruah</i>	
44. Vasopressors: How Early?	228
<i>Ganshyam Jagatkar, Nandha Kishore Jampala</i>	
45. Myocardial Injury after Noncardiac Surgery	232
<i>George Prashanth Kurian, Subramani Kandasamy</i>	
46. Use of Vasopressin during Cardiac Arrest.....	238
<i>Kayanoosh Kadapatti, Khalid Khatib, Mittal Patil</i>	

SECTION 6: Echocardiography and Ultrasound

Section Editors: Vijaya Patil, Susruta Bandhopadhyay, Amol Kothekar, Harish Mallapura Maheshwarappa

47. Advances in Intensive Care Unit Echocardiography	243
<i>Susruta Bandyopadhyay</i>	
48. Transesophageal Echocardiography: Is It Preferable in the Intensive Care Unit?.....	248
<i>Vivek Kumar, Bhargava V Deverakonda, Urmi Gada</i>	
49. ECHO Features of Pulmonary Hypertension and Increased Left Atrial Pressures.....	256
<i>Pradeep D'Costa</i>	
50. Role of Echocardiography in Shock State	262
<i>Rohit Kumar Patnaik, Suhail Sarwar Siddiqui, Vijaya Patil</i>	
51. Use of Echocardiography in Assessing Fluid Responsiveness	269
<i>Harish Mallapura Maheshwarappa, Shivangi Mishra, Natesh Prabu R</i>	
52. Venous Excess Ultrasound Score (VExUS)	273
<i>Kushal Rajeev Kalvit, Amol Kothekar, Shrikanth Srinivasan</i>	

SECTION 7: Nephrology, Fluids, Acid–Base Balance and Electrolytes Balance

Section Editors: Ramesh Venkataraman, Kanwalpreet Sodhi, Sharmili Sinha

- 53. Fluid Management in Acute Kidney Injury 281**
Nurul Zaynah Nordin, Nuttha Lumlertgul, Marlies Ostermann
- 54. Sepsis-associated Acute Kidney Injury: Common but Poorly Understood 290**
Lachlan Donaldson, Naomi Hammond, Bala Venkatesh
- 55. Delayed versus Very Delayed Renal Replacement Therapy 297**
Meghena Mathew, V Dedeepiya Devaprasad, Ramesh Venkataraman
- 56. Plasma Exchange in Intensive Care Unit: Current Status 300**
Pooja R Murthy, Ajith Kumar AK, Raymond Dominic Savio
- 57. Acute Kidney Injury Care Bundle 305**
Kanwalpreet Sodhi, Simran J Singh, Atul Phillips
- 58. Biomarker-driven Therapy in AKI 309**
Sharmili Sinha, Ranajit Chatterjee, Nandita Adlakha
- 59. How to Approach Dyselectrolytemias in a Patient on CRRT? 315**
Ranajit Chatterjee, Sharmili Sinha, Ritu Singh

SECTION 8: Neurocritical Care

Section Editors: Kapil Zirpe, Pradip Kumar Bhattacharya, Harsh Sapra, Swagata Tripathy

- 60. Prognostication in Neurocritical Care 321**
Ankur Khandelwal, Jayanth Seshan, Girija Prasad Rath
- 61. Nonconvulsive Status Epilepticus 325**
Upendra Kapase, Kapil Zirpe
- 62. Early Detection of Intensive Care Unit-acquired Weakness 332**
Sritam K Jena, Swagata Tripathy, Pragyan K Routray
- 63. Personalized Hemodynamic Management in Neurocritical Care 336**
Amit Goyal, Vasudha Singhal, Harsh Sapra
- 64. Extracranial Complications of Brain Injury 343**
Indu Kapoor, Charu Mahajan, Hemanshu Prabhakar
- 65. Ketamine: Current Status in ICU 347**
Ritesh Shah, Neeta Bose
- 66. Inhalational Sedation in Intensive Care Unit 353**
Kushal Rajeev Kalvit, Shilpushp Jagannath Bhosale, Atul Prabhakar Kulkarni
- 67. Hypoactive Delirium: Detection and Management 358**
Pradip Kumar Bhattacharya, Jay Prakash, Ritu Singh
- 68. Status Epilepticus: Anticonvulsants of Choice 365**
Deepak Jeswani, Rajan Barokar

SECTION 9: Gastrointestinal, Liver and Nutrition

Section Editors: Deepak Govil, Venkat Raman Kola

- 69. The Microbiome 371**
Jorge Hidalgo, Allyson Hidalgo

70. Personalized Glucose Control.....	377
<i>Anand Nikalje, Vedavati Bharat Purandare, Prashant Bhalekar</i>	
71. Hypoxic Liver Injury and Management	386
<i>Deepak Govil, Nitin Jain, Anuradha Pandey</i>	
72. Enteral Nutrition in Hemodynamically Unstable Patients	389
<i>Venkat Raman Kola, Pavan N Reddy, Srisharan</i>	
73. Problems of Overfeeding.....	393
<i>Sanjith Saseedharan, Balkrishna Nimavat, Mehul Shah</i>	
74. Protein or Calories—Which is More Important?	399
<i>Subhal Dixit, Khalid Khatib</i>	

SECTION 10: Trauma

Section Editors: Kusrav Bajan, Simant Kumar Jha

75. Role of Tranexamic Acid in Trauma: When and where?	405
<i>Sanjay Dhanuka, Anand Sanghi, Bhavik Shah</i>	
76. REBOA in Trauma	409
<i>Sivakumar MN, Ahsan Ahmed, Nandakumar V</i>	
77. Transfusion Triggers in Trauma Shock	412
<i>Kusrav Bajan, Shradha K Bajan</i>	
78. Rhabdomyolysis	416
<i>Simant Kumar Jha, Yudhyavir Singh, Bhumika Sambyal</i>	

SECTION 11: Toxicology

Section Editors: Ashish Bhalla, PL Gautam

79. Paraquat Poisoning: Current Status.....	423
<i>Pankaj Soni, PL Gautam</i>	
80. Methemoglobinemia.....	431
<i>Ashish Bhalla, Omender Singh, Vikas Suri</i>	

SECTION 12: Oncology and Hematology

Section Editors: JV Divatia, Lalita Gouri Mitra, Mohan Gujjar

81. Intravascular Hemolysis	437
<i>Abhinav Gupta</i>	
82. Cytokine Storm and Hemophagocytic Syndromes.....	441
<i>Ajoy Krishna Sarkar, Sanjukta Dey, Aniruddha Sarkar</i>	
83. Pulmonary and Neurological Complications and their Management in Immune Cancer Therapy	446
<i>Lalita Gouri Mitra, Harsimran Singh Walia, Sofia Jaswal</i>	
84. Superior Vena Cava Syndrome: Approach to Management.....	453
<i>JV Divatia, Sudipta Mukherjee, Pralay Shankar Ghosh</i>	
85. Hyperviscosity Syndromes	459
<i>Shreyas Gutte, Afzal Azim, Mohan Gurjar</i>	

SECTION 13: Medicolegal Issues and End-of-life Care

Section Editors: RK Mani, Shivakumar Iyer, Srinivas Jakkinaboina

- 86. Palliative Care in the Intensive Care Unit: Is It an Elusive or Essential Goal? 465**
Raj Kumar Mani, Prashant Saxena
- 87. Care of Elderly in Intensive Care Unit: Special Issues that Need to be Addressed 470**
Manish Munjal, Pramod Sarwa, Kishore Mangal
- 88. Feeding and Antibiotic Use in End-of-life Care: Is It Justified? 476**
Shyam Sunder T, Srinivas Jakkinaboina, Nisha Tipparaju
- 89. Communication in the ICU 480**
Shivakumar Iyer
- 90. Breaking Bad News to Children 486**
Sachi Pandya, Soonu Udani

SECTION 14: Clinical Research Methodology

Section Editors: Subhash Todi, Anirban Hom Choudhuri

- 91. Understanding Bayesian Analysis 493**
Binila Chacko, JV Peter
- 92. Platform and Adaptive Trials 498**
Anirban Hom Choudhuri, Deepika Jain, Soveena Pani
- 93. Data Science Implementation in Intensive Care Unit 501**
Arpit Kumar Saha, Suvajit Das, Subhash Todi

SECTION 15: Obstetric Critical Care

Section Editor: Srinivas Samavedam

- 94. Complicated Tropical Fever 507**
Narendra Rungta
- 95. HELLP Syndrome 512**
Srinivas Samavedam, Jyotsna Chivukula

SECTION 16: ICU Organization/Quality of Care

Section Editors: BK Rao, Palepu B Gopal

- 96. Smart ICU: The Era of Safety and Precision in ICU 519**
Javier Perez-Fernandez, Jorge Hidalgo, Paola Perez
- 97. Post-traumatic Stress Disorder in Patients and Family Members of ICU Patients 524**
Thibault Dupont, Nancy Kentish-Barnes, Frédéric Pochard, Elie Azoulay
- 98. Cost Containment in the ICU 530**
Mohan A Mathew, Banambar Ray
- 99. Simulation-based Training in ICU 534**
BK Rao, Pranshuta Sabharwal
- 100. ICU Quality Indicators in Resource-limited Setting 537**
Balasubrahmanyam CH, Suhasini Tirumala, Palepu B Gopal

SECTION 17: Extracorporeal Life Support

Section Editors: Nita George, Gunjan Chanchalani, Kanwalpreet Sodhi, Saswati Sinha

- 101. Extracorporeal Life Support: Does it Improve Outcome in Septic Shock? 547**
Gaurav Kochhar, Yatin Mehta
- 102. Certifying Brain Death on Extracorporeal Membrane Oxygenation..... 551**
Charudatt Vaity, Rahul Pandit
- 103. How to Wean off ECMO..... 554**
Priteema Chanana, Arindam Kar
- 104. Thrombocytopenia in ECMO Patient: Troubleshooting 559**
Vinod Singh, Sandeep Diwan, Monalisa Mishra

SECTION 18: Miscellaneous

Section Editors: Samir Sahu, Prakash Shastri, Diptimala Agarwal, Urvi Shukla

- 105. Post ICU Care in India: An Unmet Need..... 565**
Balaji Rajaram, Nagarajan Ramakrishnan
- 106. Preventing Post-transplant Respiratory Failure 569**
Ruchi Gupta, Neelmani Ahuja, Sumit Ray
- 107. Human Mesenchymal Cell Therapy in Critically Ill: An Update 574**
Samir Sahu
- 108. Withdrawal Syndromes in Intensive Care Unit: Recognition and Management 577**
DP Samaddar, Revathi Aiyar
- 109. Zentensivism: A Holistic Approach to the Art of Caring 583**
Ranvir Tyagi, Diptimala Agarwal, Raghav Gupta
- 110. Gender Balance in the Intensive Care Unit: Where are We Today? 586**
Prachee Sathe, Urvi Shukla

Index 591