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Because of rapid advances in the Medical Sciences, the editors recommended that independent verification of diagnosis or drug doses should be undertaken and references should always be made to the approved prescribing information for any product or procedure prior to its use.

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As far as possible we have tried to incorporate the Vancouver System of references. However, since we are in transitional phase in some articles we could not incorporate the same.

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Principles and Practice of Obstetrics and Gynecology for Postgraduates

Third Edition

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To
our teachers
for teaching us the art and science of obstetrics and gynaecology and
for their major contribution in making us what we are today

our patients
for their unstained faith in us, which has helped us to develop
our vast clinical experience and self confidence

our students
who continue to stimulate us to be researchers, teachers as well as students

our families
for their support and for tolerating our repeated stints at various works and
for sharing their personal family time and of course
for supporting us and for always encouraging us

FOGSI
for giving us an opportunity to express ourself and to serve science and humanity

Editors of Third Edition
Pankaj Desai
Narendra Malhotra
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As a part of “Gyan Abhiyaan” (Knowledge Campaign) we at the team of FOGSI Cares 2007 undertook many and varied knowledge campaigns. This book is one part of that campaign. Our aim in getting this latest edition of the book was principally to generate a top-class first reference-book in the subject for PG students and practitioners. The subjects selected and the contributors have therefore been carefully selected as per their expertise and standing in the subject.

We have always felt that the doctor who does not read has no advantage over someone who can not read. They say knowledge, money and water should flow—lest they stink. We sure on referring this book the readers will be able to refresh their knowledge keep it flowing.

This book is the culmination of thoughts and work done by our own FOGSI members who know the pulse of the Indian women. Their clinical experience on the various health issues related to our women is immense and invaluable. We thank them immensely for their contribution without which the book would have no meaning. We are confident that our postgraduate students would benefit tremendously from this updated version of the Textbook of Obstetrics and Gynecology by FOGSI.

Pankaj Desai  
Narendra Malhotra  
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The field of Obstetrics, Gynecology and Family Welfare is a dynamic one. The truisms of yesterday are the questions of today and hopefully, the truths of tomorrow.

In this age of rapidly growing information and technology, there have been many noteworthy advances in the recent years which have had a major impact on the practice of Obstetrics and Gynecology. Changing social and cultural environment has brought with it different needs and expectations of the society from our specialty.

New technologies for diagnosis, treatment and prevention of disorders of the fetus have burgeoned in modern obstetrics, which has grown from the concept of merely assisting childbirth into a highly specialized field. The fetus as a patient has now become a reality for the obstetricians. Principles and Practice of Obstetrics and Gynecology is the product of our attempt to advance these objectives.

This book has been written keeping in view the latest concept in the understanding of various obstetrics and gynecological conditions as well as their management, without omitting the basic principles and their applied pathophysiology. The text covers extensively topics relevant to the Indian context, like malaria, jaundice and other infections in pregnancy, which are rampant in the developing countries. Management of obstructed labor and the art instrumental delivery is still pertinent in our setup. These are dealt with by the masters of these old and dying skills.

The reader is also appraised of the state-of-the-art technology in modern obstetrics and gynecology involving transvaginal ultrasonography, color Doppler, fetal surveillance and intrauterine interventions. The concept of auditing maternal morbidity and mortality has also been introduced to lay a firm foundation of clinical research and promote a logical approach in stead of blindly following the traditional and irrational practices.

The authors have done a meticulous survey of the current literature and have amalgamated it with their rich experience to make the text a pleasurable reading. It has been our endeavor to see that the content of this book is both current and comprehensive; and this volume serves as a basic textbook for the postgraduates and as a handy reference for the practitioners.

In order to be a teacher, one must always be a student. Compiling and editing this book has been a personal learning experience.

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